

# Lambs Programming

## Year 2

*Learning how to experience God through all our senses!  
For 1st - 5th Grade Groups*

Formulated by Tyler Johnson  
for 2019- 2020

## Introduction

God is all around us. Each day, if we pay attention, we have the opportunity to experience His presence in many ways. Each of our senses is a valuable way for us to relate and build our relationship. Our Theme verse is Jeremiah 33:3 “Call to me, and I will answer you”. God answers our prayers in many ways, and through this series we’ll talk about different ways to listen to those answers. Throughout this curriculum, we’ll go into each of our senses and explore ways to explore our senses and learn more about Jesus on the way!



## What's in Each Unit

Each unit of this lesson focuses on one of the senses. The lessons will be composed of an introduction to the topic, time to connect by talking about your group's highs, lows, and what they're looking forward to, a biblical verse to focus on, and time to do a project or activity to aid in understanding that lesson. These lessons are also composed in an inclusive way to allow everyone to participate and relate no matter what a participant's ability and aimed to be friendly to those with disabilities. Each unit will also contain a lesson about a biblical person's example of using that sense and a service project for the local community. The Lessons presented here are the lessons that the Lambs group did not get to finish during the year, and have been adapted a bit with suggestions on how to make these lessons work from home during quarantine.

## Table of Contents

### Unit 4: Taste

<b>Lesson 2: Edible Geography: Taco Maps!</b>	<b>Page 3</b>
Verse: Luke 19:10	
<b>Lesson 3: Tasting A Tradition: Sharing Meals with Jesus!</b>	<b>Page 8</b>
Verse: 1 Corinthians 10:31	
<b>Lesson 4: Edible Miracle: The Vacant tomb!</b>	<b>Page 15</b>
Verse: John 20: 11-16	
<b>Lesson 5: Edible Miracle: Manna From Heaven</b>	<b>Page 21</b>
Verses: Exodus 16:4-5 (and we'll reference 15-26)	

### Important Info & Key to Understand these Lessons:

Text like this in the lessons is information just for you. This is not info to be read aloud.

**Text like this is either an important heading or a supply list**

**Text like this is something you say. You don't need to say everything exactly, but this is a good reference on what to say to your kids as you teach this lesson.**

## Unit 4: Taste

### Lesson 2: Edible Geography: Taco Maps!

#### Verse: Luke 19:10

#### Supplies Needed:

- **Map to reference** (you can print out a copy included at the end of this document or view it on a computer/electronic device)
- **A table to eat around** (we'll be eating together around a table like Jesus, so making sure you're around a table is important for this one)
- **Soft Taco Shells**
- **Spreadable Topping** (we used hummus in this lesson, but you could use peanut butter, mustard, queso, Ranch, or anything your child prefers)
- **3 Rippable/Scatterable Toppings** (we used sliced turkey, shredded cheese, and Salad Greens in this lesson, but you could use Chocolate chips, Chocolate Syrup, Brown Sugar, Canned chicken or Tuna, nuts, Chicken nuggets, french fries, potato chips, Carrots, Salad, Cole Slaw or anything your child prefers that tastes good with the other toppings)

Gather the children together. Take attendance. Once attendance is taken, you can talk through the introduction below (Orange text).

**Today, we are going to talk about our senses. Can anyone remember what sense we worked on or what our project was last time?**

Let the children remind you of the verse, craft, or sense from last week.

**I'm happy you remembered! I hope everyone liked making bread last week!**

**Have you ever had to use a map for something? When do you use or where have you seen maps?**

Let the children talk about where they've seen maps. Maybe its at school, maybe its in a book their parents have, or maybe its on their phones, our GPS is just a little map too!

**I think those are all big places! Most of us use maps on our phones to get around. What kind of maps do you think Jesus would have used?**

Take time to let the children answer. The general idea is that it would be some sort of drawn map, possibly on parchment or just drawn for him in the dirt and then remembered

## **Small Group & Craft Time**

Gather the children together, if you are separating into small groups, go to your separate spaces. If not, keep them in the same space. Then, gather your children in a circle. We'll start with something called "rose, thorn, and bud". After that you'll lead kids talking about the craft AND the verse at the same time! (trust me it's easier than you think).

**Let's start with our Rose, Thorn, and Bud! We'll each go around and name our rose (the best part of the day), your thorn (the worst part of your day), and your bud (which is the part you are looking forward to).**

Let the children each say their rose thorn and bud. You start as an example if they need assistance. Make sure all leaders and kids share. We want you to be able to hear the kids as well as them to hear you!

After each of the kids share their things, remember them. Use them to help them relate to the bible verse. This can help the kids understand the verse better and build their relationship with you!

**Our verse today is Luke 19:10 Does anyone want to read it?**

After asking, if no kid volunteers, don't force them. Just volunteer to read it yourself. This is the first lesson, the kids might not know each other well, or might have issues reading and don't feel comfortable reading in front of others. You can say "That's okay, if you don't want to volunteer I'll read it. But I would really like to hear one of you read next week! I know you'll do great!"

**Verse: The Son of Man came to find lost people and save them**

After reading this passage, ask the kids the following questions.

**This verse talks about Jesus finding lost people. Have you ever been lost before?**

Let the kids answer. Maybe they'll share about a time they have been lost. Otherwise you can just have them raise their hands.

### If you were lost, what did you do?

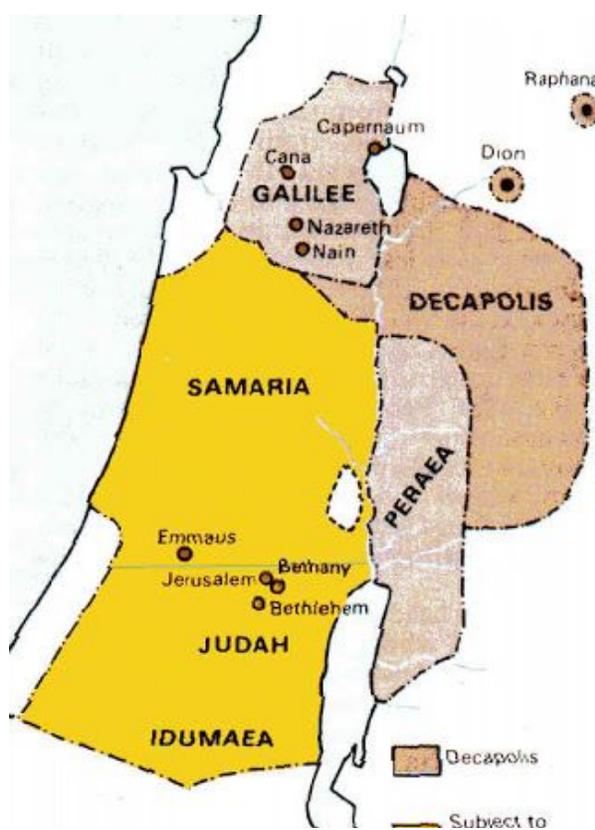
Let the kids answer. Maybe they'll share about a time they have been lost.

**Sometimes when we are lost, we stay where we are and wait, other times we can go somewhere like a store worker and ask for help, otherwise my parents used to tell me to find a mom or dad with kids and ask for help from her if I couldn't find anyone else. Because if someone is a parent, they know how it feels to lose someone and they'll be a safe person to ask for help.**

**But, you also can try and find a map! Oftentimes in big malls they'll have maps, or if you have ever gone on a road trip, gas stations and rest stops have maps too, and we're gonna make one together!**

**Each of you is going to get a plate and a tortilla! Now you'll have to go step by step with me to make sure that you can make your map right! This map is of what the world looked like when Jesus was alive! Countries looked very different than they do today! So we want to make sure we listen carefully and do each step as I tell you!**

Hand out the tortilla and the plate. This tortilla is going to serve as their "map" or the paper the map was written on. Below is the map. You'll have a bigger copy to hang up



while you talk, but if you can't find it or it doesn't work, talk to them about this and tell them how to make their maps via the instructions below. There should be single serving hummus, and single-serve bags of toppings like turkey, shredded cheese, and some salad greens.

**First, we'll start by putting some hummus (or other spreadable item) on our map where the land is. If you look at our map, there's some water on the left side, so we want to make sure we don't**

**put hummus there!**

**Next we'll put pieces of turkey (or other topping) ripped to be the shapes of the countries that are in color.**

**Next, you'll sprinkle some shredded cheese (or other topping) on the rest of the hummus/Spreadable item (or land) that isn't in color.**

**Lastly, we'll put some salad greens (or other topping) where the water would be on this map (left hand corner)**

## **Craft Time Part 2**

Your taco maps should be done by now, and it's time to EAT THEM! While kids eat, feel free to ask these questions. I'd also recommend rolling this up before the kids eat it. Start rolling on the side with the salad greens, as this will equally distribute all the ingredients.

**Do you think this map was fun to make?**

Let the kids answer.

**Do you think that you could get somewhere if you were just given a map? No phone, no other help, just the map? Why or why not?**

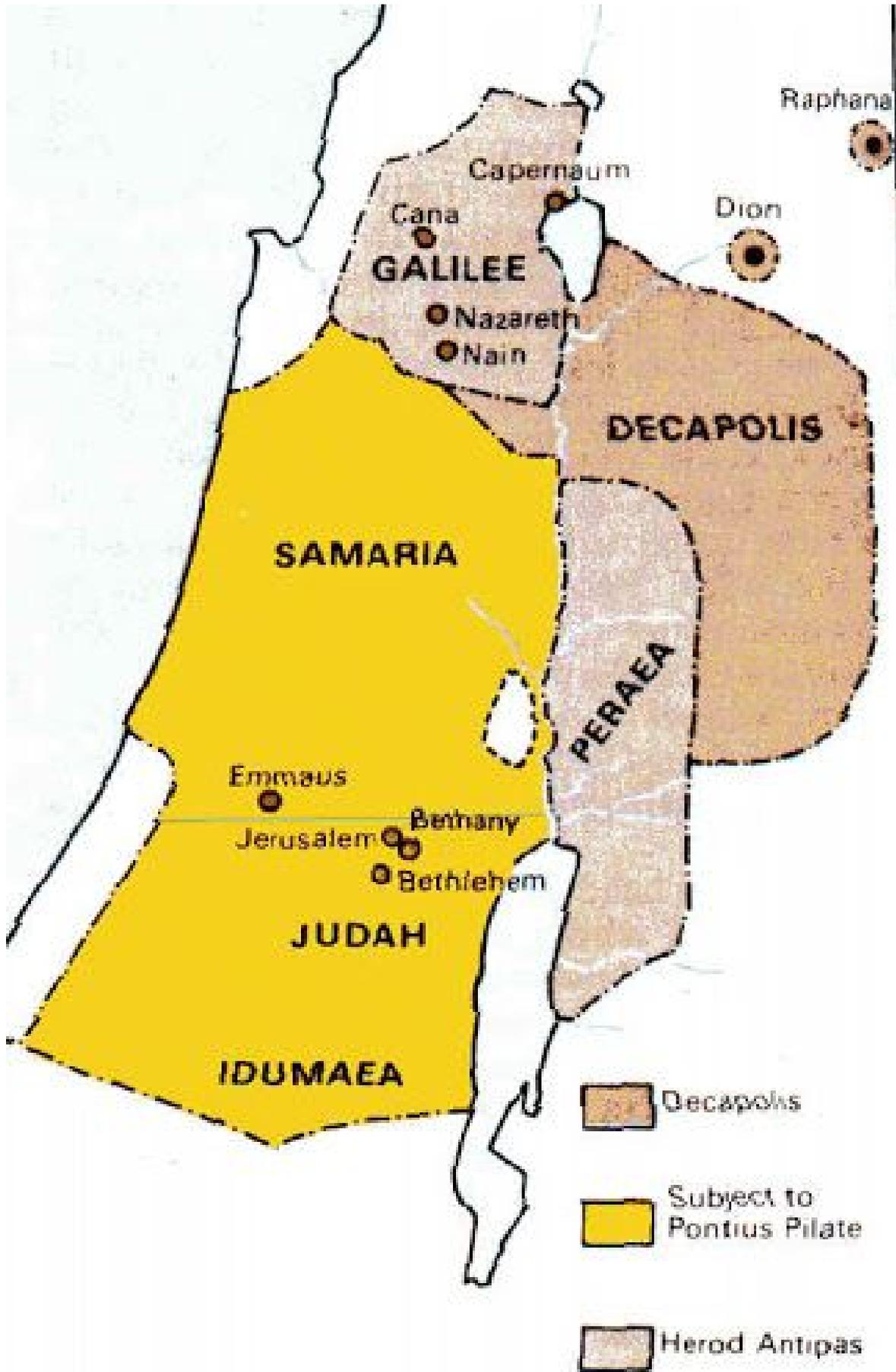
Let the kids answer.

**What is your favorite part of our food-map?**

Let the kids answer.

## **Closing Time**

Take time to pray as a group! Close in prayer together!



## Unit 4: Taste

### Lesson 3: Tasting A Tradition: Sharing Meals with Jesus!

#### Verse: 1 Corinthians 10:31

##### Supplies Needed:

- **A table to eat around** (we'll be eating together around a table like Jesus, so making sure you're around a table is important for this one)
- **Bread** (any kid of bread works! If you want to make this extra fun, make unleavened bread via our recipe listed after this lesson)
- **Fish** (this can be any kind of fish or a fish-ish item! Goldfish, Actual Fish, Tuna, or substitute a meat that you have! Jesus typically would have fish but use what you have! Don't go out of the house if you don't need to)
- **Dried Meat** (Beef Jerky or other dried meat works here! If you don't have this, feel free to substitute with any meat you have. Kids don't like beef jerky? Try chicken nuggets! Anything works! Don't leave the house if you don't have to, and use what you have!)
- **Sparkling/Carbonated Beverage or Juice** (we planned on using sparkling juice, as Jesus had wine at a lot of his gatherings, but use anything you have at home! Have milk only? Use that. Don't go out of the house if you don't need to and use what you have!)
- **Optional Additions:** Hummus, Olive oil (to dip bread in), figs (fig newtons count right?), nuts, cheese, or other veggies. All of these things were items that Jesus could have eaten. But don't go out of your house if you don't need to (to acquire these items), as we want to stay home and stay safe and use what you have! But if you have any of these things, feel free to put them out too!

Gather the children together. Take attendance. Once attendance is taken, you can talk through the introduction below (Orange text).

**Today, we are going to talk about our senses. Can anyone remember what sense we worked on or what our project was last time?**

Let the children remind you of the verse, craft, or sense from last week.

**I'm happy you remembered! I really enjoyed our project last week! Our taco maps were pretty tasty!**

**Have you ever had dinner with people? Of course you have! What types of people have you had meals with?**

Let the children talk about who they've had dinner with. Maybe mom and dad or siblings, maybe grandpa and grandma, maybe cousins or uncles, maybe friends or their families, etc.

**We all know different people, but have any of you had dinner with people you didn't know very well?**

Take time to let the children answer. They might not know what to say. If they don't, ask if they've ever been to a wedding? Maybe even at our easter breakfast there are other members of the congregation they don't know, or out to eat at a restaurant. There are lots of other people eating you don't know.

**We might happen to go to big events, or eat at the same time as a lot of people, but Jesus ate with complete strangers, close friends, family, and at weddings too! Jesus ate a lot of places and said sharing meals together was important.**

## **Small Group Time**

Gather the children together, if you are separating into small groups, go to your separate spaces. If not, keep them in the same space. Then, gather your children in a circle. We'll start with something called "rose, thorn, and bud"

**Let's start with our Rose, Thorn, and Bud! We'll each go around and name our rose (the best part of the day), your thorn (the worst part of your day), and your bud (which is the part you are looking forward to).**

Let the children each say their rose thorn and bud. You start as an example if they need assistance. Make sure all leaders and kids share. We want you to be able to hear the kids as well as them to hear you!

After each of the kids share their things, remember them. Use them to help them relate

to the bible verse. This can help the kids understand the verse better and build their relationship with you!

**Our verse today is 1 Corinthians 10:31 Does anyone want to read it?**

After asking, if no kid volunteers, don't force them. Just volunteer to read it yourself. This is the first lesson, the kids might not know each other well, or might have issues reading and don't feel comfortable reading in front of others. You can say "That's okay, if you don't want to volunteer I'll read it. But I would really like to hear one of you read next week! I know you'll do great!"

**Verse: 1 Corinthians 10:31**

**31 So if you eat, or if you drink, or if you do anything, do it for the glory of God.**

After reading this passage, ask the kids

**This verse talks about doing what for God?**

Let the kids answer. The answer is eating and drinking.

**Right! Eating and drinking for the Glory of God! We talk in church a lot about how to do things in a way that makes God happy and brings him Glory! What do you think we do when we eat that makes God happy?**

Let the kids answer. Things like praying before and after a meal (praying before and giving thanks afterward ), being grateful (you can refer to Proverbs 30:8b), helping our family make the meal, helping our family serve the meal, eating together and enjoying that time of fellowship, being content with what we have (even if that meal isn't our favorite - refer to 1 Timothy 6:7-8), don't judge others while at the table, sharing, being kind, are all things we can do to make God happy. Answers like (but not limited to) these are awesome.

**What do you think we could do to change how we eat or drink to make God happy?**

Let the kids answer. Refer to the same list above for suggestions if the kids get stuck or aren't sure.

## Activity Time

Today the kids will be working on a project called “Sharing Meals with Jesus”. We’ll be doing our best to eat like Jesus did, and add the children’s suggestions that we just talked about on how to make this meal one we can honor God with.

**Our craft today is about Sharing a Meal with Jesus! Jesus ate all the time in the bible, and he ate many different things! Today we’re gonna talk about a few things he ate and eat them together in a way we can honor God with our meals like we talked about earlier!**

**First we are going to wash our hands!**

Take time to wash hands.

**Next we are going to pray! All this food is in front of us and like we talked about, we’re going to pray before we eat! Does anyone want to pray for us?**

Take time to see if a kid wants to pray. If they do, let them pray with their own words! If you have a group that wants to pray but is too nervous to know what to say, check the suggestions below. Ideally your children would try a prayer on their own, or use a prayer that you all say regularly as a family. If not, definitely try some of these below or some fun camp prayers!

PRAYER IDEA #1: Dear God, Thank you for being our kind and loving father. We thank you for providing the food that we need throughout our lives. We thank you again today for the Gift of food we are about to enjoy together! We thank you for our family, the home we live in, and the health of our family and friends. We invite you to join us with your presence as we enjoy this food in your name.... Amen

PRAYER IDEA #2: God is Great, God is good, and we thank God for our food; By God’s hand, we must be fed, Give us Lord our daily bread. Amen.

**Now, we aren’t going to just grab what food we want. We’re going to be eating Family style! This means that I (your parent/guardian/caregiver) will be**

**starting by grabbing one item, and then we'll pass it around the table and each of us will grab one. I'll help you if something is too heavy.**

Eating family style means we pass all the items around. Below this will walk you through how to introduce each food item as you pass it around your table. During each ORANGE statement, you start serving yourself and then pass to the others while you talk (if possible). If that is not possible, feel free to adapt as necessary! Read first then pass, or read after passing, whatever works for your family!

**First, we break bread! Jesus ate bread a lot! Jesus most often ate unleavened bread. That's bread that's flat, cause it doesn't have the yeast we use to make it rise! It was easy to make for anyone! Does anyone remember a time in the bible where Jesus ate bread?**

Let the kids answer while you pass the bread around. Some options are at the last supper (Luke 22:19), where he fed the 5,000 (Matthew 14:13-21), with 2 disciples after walking to Emaus (Luke 24:30). These are just a few options you can mention to your children if they cannot think of any. Feel free to look up the verses if you want to.

**Now, we'll be enjoying some Fish! Now this may not be the same kind of fish Jesus ate, but we'll be enjoying this to think of how Jesus ate a lot of fish! Some of the disciples used to be fishermen before Jesus asked them to join him! Fish was very common during that time, so this will represent the fish Jesus ate! Does anyone remember a time where Jesus ate fish?**

Let the kids answer while you pass the fish around. Some options are Luke 24:41-43 (he's recorded eating a piece of cooked fish he was given). He also probably would have eaten fish at the feeding of the 5000 (Matthew 14:13-21), and at passover celebrations like the last supper (Luke 22:19) or in Numbers 11:5 (where the slaves in egypt remember eating fish).

**Now we'll be enjoying some (dried) meats! Oftentimes meat was eaten this way,**

**because meat that's dried, like beef jerky we eat today, lasts a long time because it doesn't go bad or get moldy very quickly.**

**Now I'll be pouring some (beverage) for everyone! Wine was something Jesus enjoyed a lot, and so we'll be drinking (sparkling juice, soda/pop, or juice) to represent wine (since we aren't all old enough to drink wine). Jesus even turned water into wine at a wedding (John 2:1-10).**

Let the kids enjoy the food and talk together. Make sure to add in any of the things your kids talked about earlier when suggesting ways to eat and drink to bring Glory to God. At this time you can add in any of the optional food. Below I'll link some bible verses to some of the optional foods (if they are mentioned in the bible)

Cheese - 1 Samuel 17:18, 2 Samuel 17:27-29, Isaiah 7:15

Olive Oil -Exodus 29:2 (oil mixed in bread), Ezekiel 16:13

Figs - Numbers 13:23

Legumes/Nuts - 2 Samuel 17:27-29, Genesis 43:11 (pistachio nuts and almonds), Song of Solomon 6:11 (went into a nut orchard), Ezekiel 4:9, Numbers 17:8 (almonds),

Veggies - Numbers 11:5, Genesis 9:3,

Honey - Ezekiel 16:3, Genesis 43:11, 2 Samuel 17:27-29, Mark 1:6 (John the baptist), Isaiah 7:15

**Now that we've eaten, lets make sure to give God our thanks with a return of thanks prayer! Does anyone want to pray for us?**

Take time to see if a kid wants to pray. If they do, let them pray with their own words! If you have a group that wants to pray but is too nervous to know what to say, check the suggestions below.

PRAYER IDEA: Dear God, We thank you for the food and blessings we have received, as well as for joining us together for a meal in your name. May you help these blessings food fuel our bodies, help us stay healthy, & give us the energy to do your work! We send our thanks to you God, we are grateful. In your name we pray, Amen!

## Closing Time

Take time to pray as a group! Close in prayer together!

## Optional Unleavened Bread Recipe:

**Supplies needed: 1 cup flour, 1/3 cup oil, 1/8 tsp salt, 1/3 cup water, oven, parchment paper, baking sheet, pastry cutter or fork,**

Preheat oven to 425 degrees F (220 degrees C). Line a baking sheet with parchment paper.

1. Mix 1 cup flour, 1 / 3 cup oil, and 1 / 8 tsp salt together in a bowl; add 1 / 3 cup water and mix using a pastry cutter (or a fork plus your hands if you don't have a pastry cutter) until the dough is soft. Form dough into 6 balls (or more smaller balls depending on your amount of kids) and press into disks onto the prepared baking sheet using your hands.
2. Bake in the preheated oven until bread is cooked, 8 to 10 minutes.

## Unit 4: Taste

### Lesson 4: Edible Miracle: The Vacant Tomb!

Verse: John 20:11-16

#### Supplies Needed:

- **Large Marshmallows:** These symbolize the body of Jesus
- **Crescent Rolls:** These symbolize the tomb (pilsbury kind in a tube works great!)
- **Melted Butter:** This symbolizes the oils of embalming
- **Cinnamon & Sugar Mix:** These symbolize the spices used to anoint Jesus' body.
- **Oven & Baking pans:** Greased Jumbo Muffin tins work best as pans for this (so the butter doesn't overflow), but if you don't have those, a regular muffin tin works (butter might just overflow), or just make sure to space these 2 inches apart on a normal pan.

Gather the children together. Take attendance. Once attendance is taken, you can talk through the introduction below (Orange text).

**Today, we are going to talk about our senses. Can anyone remember what sense we worked on or what our project was last time?**

Let the children remind you of the verse, craft, or sense from last week.

**I'm happy you remembered! I really enjoyed our project last week! Our dinner like Jesus was pretty fun!**

**Do you all remember the story of Easter? If so, can you tell me a bit about it?**

Let the children talk about the easter story if they remember it at all.

**What are some things your family does during Easter that you like?**

Take time to let the children answer their favorite parts of easter.

**Easter is an important time where we get to see how Jesus gave his life so that**

**we could live forever with him in heaven! Today we're going to be working on a tasty project to symbolize how Jesus was in the tomb and then 3 days later, his friends saw that he was gone and had risen from the dead!**

## **Craft Time**

Today the kids will be working on a project called "Empty Tomb Rolls". These rolls are a fun way of showing how Jesus wasn't in the tomb anymore! I'll list the instructions below (for you) and then talk through each step in orange so you can direct the kids on what to do. This recipe was gathered from The girl Who ate everything blog <https://www.the-girl-who-ate-everything.com/empty-tomb-rolls/> and can be found at that link if you'd like more photos or images to help you along!

### **INSTRUCTIONS**

1. Separate rolls into eight triangles. Combine sugar and cinnamon. Dip each marshmallow into butter, roll in cinnamon-sugar and place on a triangle. Pinch dough around marshmallow, sealing all edges. Make sure to seal well or all the marshmallow will escape.
2. Dip tops of dough into remaining butter and cinnamon-sugar. Place with sugar side up in greased muffin cups. It helps to use jumbo muffin tins so that the juice doesn't overflow.
3. Bake at 375 degrees for 10 to 15 minutes or until rolls are golden brown. Allow to cool slightly then eat warm.

**Our craft today is about the empty tomb! We remember that Jesus rose from the dead and when his friends came back, the tomb was totally empty! We'll read about the story in a bit but right now we're going to walk through that story while we make some tasty rolls!**

Make sure to preheat the oven at this time. Preheat it to 375.

**These rolls are called "Empty Tomb Rolls". Each of us is going to get 1 marshmallow. This marshmallow is Jesus! We're going to prepare the body of our marshmallow Jesus, just like those who buried Jesus prepared his body!**

**(Although they didn't rub him in butter and cinnamon sugar!).**

**Now, each of us has 1 marshmallow, 1 triangle of pastry dough, butter and cinnamon sugar. We're going to take our marshmallow and dip him into the butter. This is like when Jesus' body was anointed with oil after he died.**

Let the kids perform this step. Be sure to be there to help them do this step and then immediately follow with the next step.

**Then we'll put those marshmallows into the cinnamon sugar! This is like when Jesus' body was seasoned with spices after he died.**

Let the kids perform this step. Be sure to be there to help them if they need it.

**Then we'll put our marshmallow Jesus into the center of the triangle of dough, and wrap all the dough around him. This is like when they put him in the tomb! We have to make sure to pinch the dough around the marshmallow so its all sealed! The tomb didn't have any holes in it and we don't want our marshmallow to have a way out either!**

Let the kids perform this step. Be sure to be there to help them if they need it, and double check that all the rolls don't have any openings where the marshmallow can escape! If there are holes, this trick won't work well!

**Once we're done. We will dip the top of our dough into the remaining butter and cinnamon sugar, and place them cinnamon side up in our greased muffin tins (or on our baking sheet). Each roll gets one little spot.**

Put the rolls in the oven for 10-15 minutes. I'd recommend checking at 10. They should be golden brown. Whenever you take them out, allow them to cool slightly before eating them warm!

**Now, we'll talk through the story while these bake!**

## Small Group Time

Gather the children together, if you are separating into small groups, go to your separate spaces. If not, keep them in the same space. Then, gather your children in a circle. We'll start with something called "rose, thorn, and bud"

**Let's start with our Rose, Thorn, and Bud! We'll each go around and name our rose (the best part of the day), your thorn (the worst part of your day), and your bud (which is the part you are looking forward to).**

Let the children each say their rose thorn and bud. You start as an example if they need assistance. Make sure all leaders and kids share. We want you to be able to hear the kids as well as them to hear you!

After each of the kids share their things, remember them. Use them to help them relate to the bible verse. This can help the kids understand the verse better and build their relationship with you!

**Our verse today is John 20:11-16 Does anyone want to read it?**

After asking, if no kid volunteers, don't force them. Just volunteer to read it yourself. This is the first lesson, the kids might not know each other well, or might have issues reading and don't feel comfortable reading in front of others. You can say "That's okay, if you don't want to volunteer I'll read it. But I would really like to hear one of you read next week! I know you'll do great!"

**Verse:** John 20:11-16 Easy-to-Read Version (ERV)

**11 But Mary stood outside the tomb, crying. While she was crying, she bent down and looked inside the tomb. 12 She saw two angels dressed in white sitting where Jesus' body had been. One was sitting where the head had been; the other was sitting where the feet had been.**

**13 The angels asked Mary, "Woman, why are you crying?"**

**Mary answered, "They took away the body of my Lord, and I don't know where they put him." 14 When Mary said this, she turned around and saw Jesus standing there. But she did not know that it was Jesus.**

**15 He asked her, "Woman, why are you crying? Who are you looking for?"**

**She thought he was the man in charge of the garden. So she said to him, "Did you take him away, sir? Tell me where you put him. I will go and get him."**

**16 Jesus said to her, "Mary."**

**She turned toward him and said in Aramaic, "*Rabboni*," which means "Teacher."**

After reading this passage, ask the kids

**This verse talks about how Jesus' friend Mary (not his mom) was outside the tomb crying. Why do you think she was crying?**

Let the kids answer. This may be a hard question for some kids, but feel free to address this topic or question however you see fit.

**Right! She was sad Jesus was gone. She still missed him. It can be hard when people die and Mary was very sad!**

**What did she see when she looked inside the tomb?**

Let the kids answer. The answer is two angels.

**You all worked really hard to listen carefully! Nice job! Mary saw two angels! These angels were sitting where Jesus' body was. Was Jesus' body still in that spot?**

Let the kids answer. The answer is no, it was gone!

**No! It was gone! You're right! The angels asked her why she was crying, and Mary said she was upset! Does anyone remember why she was upset?**

Let the kids answer. The answer is that she thought Jesus' body was moved somewhere by the angels.

**She didn't know where Jesus' body was! It was supposed to be closed in the tomb! She got scared the angels took him away and wanted to put him back! What happened when she asked the angels where they put Jesus?**

**Right! Jesus turned around! Jesus spoke to her and was right there! This was a big miracle, because no one had risen from the dead before! Mary turned and called him teacher because she recognized him!**

## **Craft Time Part 2**

Your rolls hopefully will be done by now. Once they've cooled, give one to each kid and follow the script below.

**Before you take a bite, let's split our rolls in half and find the marshmallow. Can anyone find it?**

The marshmallow has disappeared and they will not be able to find it!

**Just like when Mary went to the tomb, Jesus' body wasn't there anymore! Jesus was alive! And just like in our rolls, our marshmallows aren't there anymore!**

**Now everyone take a bite of our empty tomb rolls and tell me what you think! Are they tasty?**

## **Closing Time**

Take time to pray as a group! Close in prayer together!

## Unit 4: Taste

### Lesson 5: Edible Miracle: Manna From Heaven!

Verse: Exodus 16:4-5 (and we'll reference Exodus 16:15-26)

#### Supplies Needed:

- **Any Bread or cereal:** bread will be torn up into smaller pieces beforehand. This will symbolize manna!
- **One plate for each kid**
- **Optional:** Meat. This can be meat of any kind. This will symbolize the quail that the israelites ate

Gather the children together. Take attendance. Once attendance is taken, you can talk through the introduction below (Orange text).

**Today, we are going to talk about our senses. Can anyone remember what sense we worked on or what our project was last time?**

Let the children remind you of the verse, craft, or sense from last week.

**I'm happy you remembered! I really enjoyed our project last week! Our empty tomb rolls were pretty tasty!**

**Have you ever had to worry about food before?**

Let the children talk about if they have ever worried about food. Maybe they'll say they worried about what was for dinner (if they haven't dealt with food insecurity).

**We all usually keep our food in our fridges at home and in coolers when we go camping! But what if you were traveling to a new home, and you weren't able to pack a lot. Would it be scary to run out of food?**

Take time to let the children answer. They might not know what to say. If they don't, ask if they've ever been to a wedding? Maybe even at our easter breakfast there are other members of the congregation they don't know, or out to eat at a restaurant. There are lots of other people eating you don't know.

**The Israelites were people who used to be slaves for the Egyptian pharaoh, but they had escaped with Moses! They didn't have a lot of food on them when they escaped so God had to help them out! Today we'll be talking about how God fed them while they were walking through the desert!**

## **Small Group Time**

Gather the children together, if you are separating into small groups, go to your separate spaces. If not, keep them in the same space. Then, gather your children in a circle. We'll start with something called "rose, thorn, and bud"

**Let's start with our Rose, Thorn, and Bud! We'll each go around and name our rose (the best part of the day), your thorn (the worst part of your day), and your bud (which is the part you are looking forward to).**

Let the children each say their rose thorn and bud. You start as an example if they need assistance. Make sure all leaders and kids share. We want you to be able to hear the kids as well as them to hear you!

After each of the kids share their things, remember them. Use them to help them relate to the bible verse. This can help the kids understand the verse better and build their relationship with you!

## **Activity & Story Time**

Today the kids will be listening to the story and following along with some instructions to make this an interactive story! This is both the activity and the story time!

**Our activity today follows our story! This means we will all have to listen carefully and follow along! Can you do that?**

Take time to see what size pan you have.

**Our verse today is Exodus 16:4-5, 15-26 Does anyone want to read it?**

After asking, if no kid volunteers, don't force them. Just volunteer to read it yourself. This is the first lesson, the kids might not know each other well, or might have issues reading and don't feel comfortable reading in front of others. You can say "That's okay,

if you don't want to volunteer I'll read it. But I would really like to hear one of you read next week! I know you'll do great!"

**Verse: Exodus 16: 4-5**

**4 Then the Lord said to Moses, "I will cause food to fall from the sky. This food will be for you to eat. Every day the people should go out and gather the food they need that day. I will do this to see if they will do what I tell them. 5 Every day the people will gather only enough food for one day. But on Friday, when the people prepare their food, they will see that they have enough food for two days."**

After reading this passage, ask the kids

**This verse talks about what God said he would do for the Israelites to eat. What did he say he would do?**

Let the kids answer. The answer is it fell from the sky

**Right! He said food would fall out of the sky!**

Take this time to put the bread (and meat if you have it) on the table

**Just like food fell from the sky for the Israelites, I will put food on our table and we can pretend this is like the food that fell from the sky!**

**How much did Moses say the people could grab?**

Let the kids answer. The answer is only what they needed that day.

**Just like the Israelites, we are only allowed to take from this food here what we can eat. Don't take any more.**

Let the kids take some food and share it together.

**Did everyone take what they could eat? Did anyone keep any extras?**

Let the kids tell you if they took extras or didn't eat some. If they did, take it off their plates.

**Just like the Israelites, if they took extra food it ended up getting stinky and full of worms! They had to trust that God would feed them each day!**

**Just like them, we have to trust that God will give us the food we need each day! Our parents can get that food for us, or if our family is having trouble, God puts awesome places in the community to help, like Gretna Neighbors, the church (like our wednesday night meals) or other food pantries!**

**Even though our food doesn't fall from the sky, we can trust there are many ways God will give us food!**

### **Closing Time**

Take time to pray as a group! Close in prayer together!